



ARISE & BUILD



**Graduates &
Servants**

Memorisation

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Level 1

1. “Therefore you also be ready, for the Son of Man is coming at an hour you do not expect.” (Matthew 24:44)
2. From the Agpeya Midnight Prayer First Service:

The Midnight Prayer of this blessed day is offered to Christ my King and my God, beseeching Him to forgive my sins. From the Psalms of our father David the prophet. May his blessings be upon us all. Amen.

Choose one psalm only from the following:

 - a. Psalm 3 [First Hour and Midnight First Service]

LORD, how they have increased who trouble me! Many are they who rise up against me. Many are they who say of me, “There is no help for him in God.” But You, O LORD, are a shield for me, My glory and the One who lifts up my head. I cried to the LORD with my voice, And He heard me from His holy hill. I lay down and slept; I awoke, for the LORD sustained me. I will not be afraid of ten thousands of people Who have set themselves against me all around. Arise, O LORD; Save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly. Salvation belongs to the LORD. Your blessing is upon Your people. Alleluia.
 - b. Psalm 70 (69) [First Hour, Sixth Hour and Midnight First Service]

Make haste, O God, to deliver me! Make haste to help me, O LORD! Let them be ashamed and confounded Who seek my life; Let them be turned back and confused Who desire my hurt. Let them be turned back because of their shame, Who say, “Aha, aha!” Let all those who seek You rejoice and be glad in You; And let those who love Your salvation say continually, “Let God be magnified!” But I am poor and needy; Make haste to me, O God! You are my help and my deliverer; O LORD, do not delay. Alleluia.
 - c. Psalm 91 (90) [Sixth Hour and Midnight First Service]

He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the LORD, “He is my refuge and my fortress; My God, in Him I will trust.” Surely He shall deliver you from the snare of the fowler And from the perilous pestilence. He shall cover you with His feathers, And under His wings you shall take refuge; His truth shall be your shield and buckler. You shall not be afraid of the terror by night, Nor of the arrow that flies by day, Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday. A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you. Only with your eyes shall you look, And see the reward of the wicked. Because you have made the LORD, who is my refuge, Even the Most High, your habitation, No evil shall befall you, Nor shall any plague come near your dwelling; For He shall give His angels charge over you, To keep you in all your ways. They shall bear you up in their hands, Lest you dash your foot against a stone. You shall tread upon the lion and the cobra, The young lion and the serpent you shall trample under foot. Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honour him. With long life I will satisfy him, And show him My salvation. Alleluia.
3. Midnight Prayer First Service Gospel from the Agpeya:

A chapter from the Holy Gospel according to St. Matthew may his blessings be with us all. Amen.

“Then the kingdom of heaven shall be likened to ten virgins who took their lamps and went out to meet the bridegroom. Now five of them were wise, and five were foolish. Those who were foolish took their lamps and took no oil with them, “but the wise took oil in their vessels with their lamps. But while the bridegroom was delayed, they all slumbered and slept. And at midnight a cry was heard: ‘Behold, the bridegroom is coming; go out to meet him!’ Then all those virgins arose and trimmed their lamps. And the foolish said to the wise, ‘Give us some of your oil, for our lamps are going out.’ But the wise answered, saying, ‘No, lest there should not be enough for us and you; but go rather to those who sell, and buy for yourselves.’ And while they went to buy, the bridegroom came,

and those who were ready went in with him to the wedding; and the door was shut. Afterward the other virgins came also, saying, 'Lord, Lord, open to us!' But he answered and said, 'Assuredly, I say to you, I do not know you.' Watch therefore, for you know neither the day nor the hour in which the Son of Man is coming." (Matthew 25:1-13)
Glory be to God forever. Amen.

Level 2

1. Midnight Prayer First Service Litanies from the Agpeya:

- a. Behold, the bridegroom comes at midnight. Blessed is the servant whom He finds awake, But he who is found in slumber does not deserve to go with Him. Keep your watch my soul, Lest You go to sleep and be thrown outside the Kingdom. Keep awake and shout: Holy, Holy, Holy are You God, for the sake of the Mother of God, have mercy upon us. Thok-sa-patri Ke ey-you Ke agiyou ep-nevmaty.
- b. Remember my soul that awesome day, awake and light your lamp with the oil of joy for you do not know when the voice will call: "Behold, here comes the bridegroom". Watch, my soul, that you do not fall asleep lest you should stay outside knocking like the five foolish virgins. But watch with prayers in order to meet the Lord, Christ, with rich oil. He will bestow upon you the joys of His true divine glory. Ke-noon Ke-a-ee Ke-is-touse E-onas ton E-onon. Amen.
- c. O' Virgin Mother of God, You are the bastion of our salvation, our impregnable fortress, suppress the conspiracies of the enemy, transform our sorrows into joy, fortify our city, protect those who govern us, plead for the peace of the world, for You are our hope, O' Mother of God. Ke-noon Ke-a-ee Ke-is touse E-onas ton E-onon. Amen.
- d. O' Heavenly King, the Spirit of truth, the comforter, who is every where and fills everybody. You are the treasure of goodness and giver of life, we ask You to graciously come and dwell with in us, purify us from iniquity and save our souls. Thok-sa-patri Ke ey-you Ke agiyou ep-nevmaty.
- e. Lord, abide with us as You did with the apostles, when You gave them Your peace, we ask You to grant us Your peace, our Saviour; save us and spare our souls. Ke-noon Ke-a-ee Ke-is-touse E-onas ton E-onon. Amen.
- f. Whenever we stand in Your Holy Temple, we are considered as those who abide in heaven. O' Mother of God, you are the gate of heaven, open to us the door of mercy.

2. Midnight Prayer Introduction from the Agpeya:

- a. Rise children of light, praise the Lord of hosts, may he bestow upon us the salvation of our souls. When we stand up bodily before You, take away from us the sleep of carelessness, and give us alertness, so we may learn how to stand before You at the time of prayer and send up to You appropriate glorification to gain forgiveness of our sins. Glory be to You O lover of mankind. (Thok-sa-se phila neth-ro-pe)
- b. PSALM 134 (133)
Behold, bless the LORD, All you servants of the LORD, Who by night stand in the house of the LORD! Lift up your hands in the sanctuary, And bless the LORD. The LORD who made heaven and earth Bless you from Zion! Glory be to You O lover of mankind. (Thok-sa-se phila neth-ro-pe)
- c. Let my supplication come before You; Deliver me according to Your word. My lips shall utter praise, For You teach me Your statutes. My tongue shall speak of Your word, For all Your commandments are righteousness. Let Your hand become my help, For I have chosen Your precepts. I long for Your salvation, O LORD, And Your law is my delight. Let my soul live, and it shall praise You; And let Your judgments help me. I have gone astray like a lost sheep; Seek Your servant, For I do not forget Your commandments.
Alleluia
Glory be to the Father and to the Son and to the Holy Spirit, now and forever more. Amen.
Glory be to the Father and to the Son and to the Holy Spirit, now and for all ages. Amen.
Glory be to You O' Lover of mankind, hail to Your Mother, Virgin Mary, and all Your Saints.
Glory be to the Holy Trinity, have mercy upon us. Let God rise, and all His enemies will scatter and those who despise His Holy Name will disappear. As for Your people may they multiply through Your blessing thousands performing Your will. God, open my lips and make my tongue praise You. Alleluia.